



## The Art of Motion

Sat. 19 May 2018, 19:00-21:00  
Studio Ana D'Apuzzo · Ascona

We are happy to welcome you under the magic hill's shadow of Monte Verità, to celebrate the fusion of arts. We are honored to be continuing the wonderful story of Monte Verità that started 120 years ago.

“The Art of Motion” is an interdisciplinary event featuring *the light seen as generator of the movement and space, which speaks about endless creation and mind.*

The audience will be welcomed by the London dancer **Mari Lon** who will open the dance-inspired art exhibition, by **Ana D'Apuzzo**, with her modern dance light-bathed performance on stage. The light will be the protagonist that runs through the event, making a dialogue between the arts of dance and impressionistic paintings.

Monte Verità: "The place where our minds can reach up to the heavens..."

From the beginning of the XXth century, Monte Verità above Ascona became a pole of attraction for free spirits and creative people from all the world, seeking the "free" life connected with nature.

Their social organisation based on the co-operative system and through which they strove to achieve the emancipation of women, self-criticism, new ways of cultivating the mind and spirit and the unity of body and soul.

The revolutionary ideals emerging from this community, quickly started to spread across Europe and overseas. This unique place became over the years a sanctuary often visited by many famous people along with a non-conformist crowd of back-to-nature types, nudists, pacifists, feminists, philosophers, theosophists, anarchists, communists, social-democrats, followed by writers, poets and artists such as August Bebel, Lenin, Trotzki, Hugo Ball, Hans Arp, Marianne von Werefkin, El Lissitzky, Paul Klee, Jung, Hesse, Kafka, Rudolf von Laban, Isadora Duncan, Mary Wigman and many others.

In his book *Mountain of Truth*, the historian Martin Green describes Ascona as "a nature-cure resort; an artist's quarter; an international centre of anarchism; a source of Dada; and the home of Modern Dance."

In 1913 in Ascona, Rudolf Laban invented and established the first world modern dance school.

This experimental dance school was attached to Monte Verità, a picturesque vegetarian sanctuary that offered nature cures as Laban would call them "light and air baths". Laban and his group pioneered dance equated the liberated body with the power to experience and show a single, great, supreme emotion: ecstasy." Ecstasy was seen as a tool to shatter bourgeois conventions, to return the alienated, mechanized modern subject back into harmony with the body, nature, and the unconscious rhythm of life. It was at Ascona that Laban first experimented with dance notation that he is now famous for. He was studying the modern dance along with great dancers of that time, Mary Wigman, Isidora Duncan and Maga Magazinovic. His student, Maga Magazinovic established first modern dance school in Belgrade and was first women that graduated the university at that time.

Charlotte Bara, Duncan's student, was an artist of faith based in Ascona who founded The Theatre San Materno. She was in continuous search for spirituality, which she represented in all her appearances on stage. The hands are the leitmotif of every dance and art, as she herself said, "We breathe the world through our hands, they translate the subtlest thought to unite the body and the spirit." For her every movement must "send its vibrations up to the sky and become part of the eternal rhythm."

The art exhibition features 28 paintings by Ana D'Apuzzo made in original oil on canvas technique, inspired by dance and by Monte Verità's history.



## STUDIO D'ARTE E ARCHITETTURA - ANA D'APUZZO

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### OPENING HOURS

Mon	closed	closed
Tue	closed	closed
Wed	closed	closed
Thu	14-17	
Fri	14-17	
Sat	11-13	14-17
Sun	closed	

